



## Green Planet Diaper Policy

We believe children in childcare are more likely to share germs because they are in close contact, we follow these steps for a safe and healthy diaper changing to prevent the spread of germs and illness. We never leave an infant/toddler unattended on a changing table. Then, we check to make sure we have all the supplies we need before bringing the child to the changing table.

### **DIAPER CHANGING PROCEDURE**

- Wash hands and put on rubber gloves
- Set child on diaper change table & remove soiled diaper
- Put soiled diaper in a lined and covered garbage container
- Wash the child's bottom and put on a clean diaper
- Wash yours and the child's hands
- Remove the child from the diaper change area
- Sanitize the change pad (Sanitizing solution: 1 tsp. bleach and 2 cups of water should be changed daily and kept in a spray bottle nearby for convenience).

### **1. Preparing for the diaper change**

- Cover the diaper changing surface with disposable liner.
- If you will use diaper cream, dispense it onto a tissue.
- Bring your supplies (e.g., clean diapers, wipes, diaper cream, gloves, plastic or waterproof bag for soiled clothing, extra clothes) to the diapering area.

## **2. Cleaning Child**

- Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with disposable wipes. Always wipe from front to back. Be sure to clean all creases and cracks in the child's skin.
- Wipe up any visible soil with damp paper towels or a baby wipe.
- Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned.

## **3. Removing Trash**

- Roll up the soiled diaper with used wipes in the inside and dispose it in a lined, covered trash can.
- Remove gloves by grabbing one glove from the middle and pulling it off, then pulling the cuff of the other glove by sliding your hand inside the cuff and pulling it down toward your fingertips. Turn the second glove inside out over the first glove as you take it off. Avoid touching the glove surface with your bare hands. Dispose the gloves.

## **4. Putting on the clean diaper**

- Slide a fresh diaper under the child.
  - Apply diaper cream, if needed, with a tissue or a freshly gloved finger.
  - Use facial or toilet tissue to apply any necessary diaper creams.
  - Fasten the diaper and dress the child.
  - Remove liner from the changing surface and discard in the trash can.

## **5. Washing child's hands and returning the child to the play area without touching anything else.**

- Wash child's hands with soap and water and place him or her in a safe, supervised area.
- Do not hand the child a toy or touch any equipment. Remember that your hands still have not been washed

## **7. Cleaning and disinfecting the diaper table**

- Wet the entire surface with disinfectant; make sure you read and follow the directions on the disinfecting spray, fluid or wipe. Choose the disinfectant appropriate for the surface material.
- Clean the surface with a spray bottle of soap and water, rinse, and wipe with a paper towel. Disinfect the diapering area with a bleach and water solution. Allow the solution to stay on the surface for at least two minutes, then wipe dry with a paper towel or allow the surface to air dry.

**8. Wash your hands thoroughly with soap and warm, running water.**

- Record the child’s diaper change on the daily record sheet to give to the parents. If you are changing several children’s diapers in a row, be sure to wash your hands and disinfect the diaper table after each diaper change.

x \_\_\_\_\_

Parent/ Guardian Signature

x \_\_\_\_\_

Date