



Green Planet Daycare Food Policy

Providing healthy food for child is an important essential for child's developmental: in terms of their fine and gross motor skills, their activity and their mentality.

- Green Planet Daycare do **not** provide meal and snack. Parents are responsible for their child's meal and snacks. Our daily nutrition is 2 snacks and one lunch.
- Green Planet Daycare is a **nut free zone**.
- We follow appropriate routines in childcare.
- We establish a relaxed mealtime routine for children.
- The eating area in Green Planet Daycare is comfortable and sanitary.
- The containers should be labelled with the child's name.
- Candy and juices are **prohibited** at the daycare. If your child does bring unprohibited food items, it will be sent back home.
- We will not force children to eat. It is the child's choice to choose what to eat from what is offered and how much he/she wants to eat.

X _____
Parent/ Guardian Signature

X _____
Date